



ideal

**M E A L S**

for  
Schools

Term 5

22ND APRIL - 23RD MAY

# Welcome to our Term 5 Menu!

Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download the allergen information here [idealschoolmeals.co.uk/  
allergen-advice](https://idealschoolmeals.co.uk/allergen-advice)

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.



**SIMPSONS  
BUTCHERS**

Supporting the local economy and keeping food miles low is really important to us.

We're fortunate to have worked with two main, local suppliers from the outset.

**JHULL**  
WHOLESALE  
QUALITY FRESH PRODUCE

The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.

**Bloomsbury**  
BAKERY

More recently, we have started working with the fantastic team over at Bloomsbury Bakery. This Grantham based company, managed by a Father and son, have been trading for over 30 years.

# Term 5 Theme Days

Fri  
25th  
April

## London Marathon Theme Day

The London Marathon is the most incredible and iconic running event of the year.

More than 56,000 runners are expected to complete the 26.2-mile race on Sunday, April 27th, set to make history as the largest marathon in the world.

An extraordinary day when communities come together to celebrate the very best of humanity as tens of thousands of participants take on the legendary 26.2-mile race from Greenwich to The Mall and raise tens of millions for charity along the way.

**For the first time this year, our very own Bourne Abbey Kitchen Manager, Emma, is taking part. Emma is running for Bliss, a charity that exists to give every baby born premature or sick in the UK the best chance of survival and quality of life.**

In June 2006, Emma's eldest son, Ben, was born at 31 weeks, weighing just 2lb 12oz. Spending the first six weeks of his life in the neonatal intensive care unit, Bliss provided emotional and practical support to the family, equipping them with the knowledge and skills they needed to provide the best possible care for baby Ben. Emma has made it her mission to give something back by raising money for this fantastic charity.



Baby Ben Peterborough  
NICU - June 2006

Your support, whether through donation or by sharing Emma's story, will help Bliss continue its essential work.

**JustGiving**<sup>®</sup>

[tinyurl.com/londmara](https://tinyurl.com/londmara)

Read on for more theme days this term...



# Term 5 Theme Days (continued)

Mon  
28th  
April

## NATIONAL SUPERHERO DAY

Superheroes come in all shapes and sizes, and it isn't the superpowers they possess that we most desire but what those abilities can do for the greater good of others. From doctors to nurses to teachers to firefighters, real life superheroes are all around us, doing great things to help people every day.

Who is your superhero?



Thurs  
15th  
May

## School Meal Extravaganza

Today is school census day and we're showcasing some of the most popular meal options to help boost funding for your Childs school.



On 8th May, we mark the historic 80th anniversary of VE Day, with families and communities coming together to unite and celebrate 8- years of peace since the end of World War II in Europe.

**Together, we honour the past and celebrate a future built on unity, hope, and peace.**

## The GREAT SPACEWALK

From 19–23 May 2025, schools across the UK will be blasting off on a five day walking challenge, meeting colourful intergalactic friends and exploring the many benefits of walking or wheeling to school.



FIVE-DAY

WALKING challenge

Fri  
23rd  
May



# The London Marathon

Theme Day

**Fri**  
25th  
April

	Monday 21st April	Tuesday 22nd April	Wednesday 23rd April	Thursday 24th April	Friday 25th April
<b>Lunch Option 1</b>			BBQ Chicken Breast	Mega Mild Chilli Minced Beef & Rice	Marathon Chicken Burger with a Fresh Roll & Ketchup
<b>Lunch Option 2</b>			MSC Fish Finger Wrap	Creamy Ham & Cheese Pasta	Spectator Picnic Bag - Ham Sandwich, Cheese Chunk, Crudites & Flapjack
<b>Lunch Option 3</b>			Cheese Flan	Cheese & Tomato Pasta Bake	Champion Cheese & Tomato Pizza Bagel
1, 2 & 3 served with			Diced Roast Potatoes & Baked Beans	Mixed Vegetables	Spaghetti Hoops & Crudite Platter (M1&M3 only)
<b>Lunch Option 4</b>			Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>			Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with			Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>			Chocolate Pear Sponge & Chocolate Sauce	Toffee Apple Sponge Cake	Finish Line Fruity Flapjack
<b>Dessert Option Y</b>			Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>			Fresh Fruit	Fresh Fruit	Fresh Fruit

**BANK HOLIDAY**

Mon  
28th  
April

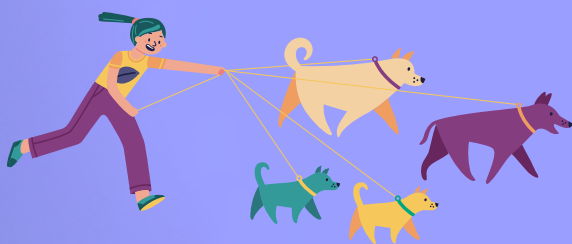


# NATIONAL SUPERHERO DAY

A day to recognise and appreciate all the heroic acts of kindness that people around us do, every day.



	Monday 28th April	Tuesday 29th April	Wednesday 30th April	Thursday 1st May	Friday 2nd May
Lunch Option 1	Teenage Mutant Ninja Turtle Pizza Slices (Meat Feast)	Bolognese Pasta	Roast Chicken	The Ideal Brunch - Lincolnshire Sausage, Hash Brown & Bread	MSC Breaded Fish Fingers & Diced Roast Potatoes
Lunch Option 2	Marvel Mac' Cheese & Bacon	Mild & Creamy Coconut Keema Curry & Rice	Vegetable Puff Pastry Pie	BBQ Chicken Pizza Baguette	Cheese & Ham Potato Shells
Lunch Option 3	Incredible Hulk Hot Dog (Quorn) & 1/2 Baked Potato	Stuffed Pepper	Veggie Frittata	Quorn Sausage Brunch	Cheese Filled Potato Shells
1, 2 & 3 served with	Superpower Rainbow Salad Platter	Mixed Vegetables	Mashed Potato & Mixed Vegetables	Baked Beans	Peas & Ketchup
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Snap, Crackle & Pop Crispie Finger	Banana & Berry Sponge Cake with Custard	Oat Cookie	Strawberry Jelly	Shortbread Finger & Fruit Platter
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit







# VE DAY<sup>®</sup>

80<sup>TH</sup> ANNIVERSARY

A SHARED MOMENT OF CELEBRATION

8 M A Y 2 0 2 5

## STREET PARTY THEME DAY

	Monday 5th May	Tuesday 6th May	Wednesday 7th May	Thursday 8th May	Friday 9th May
Lunch Option 1		Cheese & Tomato Pasta Bake & Bread Selection	Chicken with Mild Peri Peri Mayonnaise or Ketchup	Street Party Hot Dogs (Lincolnshire Sausage, Fresh Roll & Ketchup)	MSC Battered Fish Fillet
Lunch Option 2		Tuna Melt Cheese Baguette	Cheese Puff Pastry Whirl & Ketchup	Buffet Platter - Ham & Cheese Sandwiches & Sausage Roll	Salmon Quiche
Lunch Option 3		Quorn Sausage, Baked Bean & Mash Pie	Cheese & Tomato Pizza Slice & Ketchup	Street Party Quorn Hot Dog	Cheese & Bean Pastry
1, 2 & 3 served with	EARLY MAY BANK HOLIDAY	Mixed Vegetables	Sweet Potato Fries, Peas & Sweetcorn	Pasta Salad & Crudite Platter	Diced Roast Potatoes & Baked Beans
Lunch Option 4		Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5		Cheese Baguette	Sliced Ham Baguette	Egg Mayonnaise Baguette	Sliced Ham Baguette
4 & 5 served with		Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D		Ice Cream Sponge Roll	Toffee & Mandarin Sponge Cake	Union Jack Celebration Sponge Cake	Strawberry Mousse & Melon Platter
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	



# School Meal Extravaganza

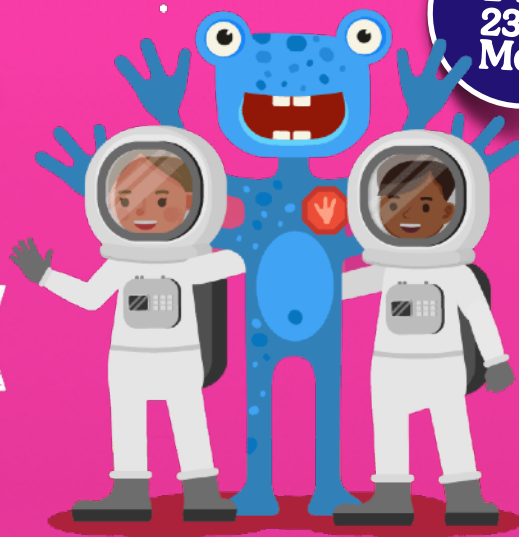
**Thurs  
15th  
May**

15th May is census day and we're showcasing some of the most popular meal options to help boost funding for your Childs school.

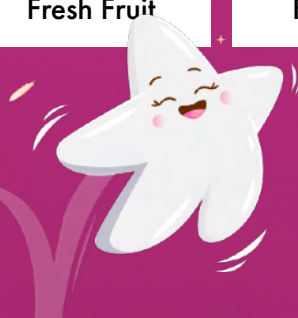
	Monday 12th May	Tuesday 13th May	Wednesday 14th May	Thursday 15th May	Friday 16th May
<b>Lunch Option 1</b>	Cheese & Tomato Pizza Slices	Mild & Creamy Coconut Chicken Curry & Rice	Beef Lasagne	Breaded Chicken Grill & Mashed Potato	MSC Breaded Fish Fingers
<b>Lunch Option 2</b>	Creamy Tuna & Sweetcorn Pasta Bake	BBQ Chicken Pizza Baguette	Cheese Bacon & Potato Bake	Ham & Cheese Filled Potato Shells	Cheese, Bacon & Ketchup Brunch Wrap
<b>Lunch Option 3</b>	Potato, Lentil & Vegetable Curry with Rice	Cheese & Tomato Pasta Bake	Mega Mild Mixed Bean Chilli & Rice	Cheese & Tomato Pizza Bagel	Cheese Flan
1, 2 & 3 served with	Rainbow Salad Platter	Mixed Vegetables	Mixed Vegetables	Baked Beans	Diced Roast Potatoes, Peas & Ketchup
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Oat & Raisin Cookie	Vanilla Sponge & Chocolate Sauce	Apple & Fresh Cream Sponge Cake	Chocolate Cracknel	Flapjack Finger & Fruit Platter
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# The GREAT SPACEWALK



	Monday 19th May	Tuesday 20th May	Wednesday 21st May	Thursday 22nd May	Friday 23rd May
Lunch Option 1	Macaroni Cheese & Bread Selection	Mega Mild Chilli Mince & Rice	Roast Chicken & Mashed Potato	MSC Breaded Fish Fingers, Fresh Roll & Cheese	Planet Meatballs in Tomato Sauce
Lunch Option 2	Creamy Tuna & Sweetcorn Pasta Bake	Bolognese Pasta	Cheese Filled Potato Shells	Cheese & Ham Slider	Cheese & Bacon Puff Pastry Lunar Swirl & Ketchup
Lunch Option 3	Mild Mexican Bean Wrap	Cheese & Tomato Pizza Bagel	Cheese & Bean Pasty & Mashed Potato	Quorn Sausage Hot Dog	Cheese Puff Pastry Lunar Swirl & Ketchup
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Spaghetti Loops & Crudite Platter	Potato Wedges, Big Bang Broccoli & Peas
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Butterscotch Cookie	Banana & Berry Sponge Cake with Custard	Iced Tutti Frutti Apple Muffin	Raspberry Jelly	Chocolate Marble Galaxy Sponge
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# **We love to talk about what we can offer your children**

We are always on hand to answer any questions in relation to our service.

Contact us at any time using the details below.

**Telephone**

**01522 246424**

**email**

**[enquiries@idealschoolmeals.co.uk](mailto:enquiries@idealschoolmeals.co.uk)**

Follow us on social media.

It's a great way to see some of the meal options on offer.



**@idealschoolmeals**



**@mealsideal**



**@idealschoolmeals**

